



BEING READY ON A BUDGET – IT'S EASY

Emergency preparedness is priceless, but that doesn't mean it has to be expensive. Build your Ready kit using items that you already have on hand, or that are affordable and easy to find in your local store. Here are some suggestions from *Ready Georgia*:

- **A 3-day supply of canned foods and water.** Save by using coupons and looking for special deals or buy in bulk at warehouse stores.
- **Prescription medications and glasses.** Some pharmacies offer 90-day generic brand prescription plans for less than \$10.
- **Flashlights, extra batteries, children's games, a whistle and more.** If you can't find these items around your home, visit a dollar store.
- **Radio.** Many alarm clock radios have a battery back-up, so you may already have this covered – just add batteries. An all-in-one hand-crank powered flashlight, radio and cellphone charger is another good option.
- **A first aid kit.** You can build your own with antiseptic cream, aspirin, alcohol, bandages, cotton, scissors and other items found at home. Dollar discount stores can be another great source for these items.
- **A complete change of clothing and bedding.** Pack old clothes and blankets in your Ready kit.
- **Personal hygiene products.** Add free hotel soaps, toothpastes and shampoos to your kit.
- **Important Documents.** Use freezer bags or a waterproof, portable container to store documents like insurance policies, identification and bank account records and protect them from water.
- **Money.** Get in the habit of saving a few dollar bills to store in your Ready kit when you get cash.

** Consider the needs of infants, senior citizen and special needs family members, and pets.**

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